



WALK-IN TAX CLINICS

Wednesdays, February 26 to April 23, 1 to 4 p.m. Wednesday evenings, March 19 and April 9, from 5 p.m. to 7 p.m.



SERVICE D'AIDE EN IMPÔT

WHERE: Action Hall, 87 Main Street West, Coaticook Parking across the street













Waterville
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Waterville
Waterville, JOB 3H0

MARCH 4 FROM 1 TO 4 P.M. Municipal Office, 233 Principale Street East Martinville, QC J0B 0B1



Barnston-Ouest Way's Mills Municipal Office 2080 Way's Mills Road Ayer's Cliff, JOB 1CO





Town Hall, 15 rue de l'Éalise East Hereford, JOB 1SO



APRIL 1st FROM 3 TO 6 PM

Church basement, room 4 6747 Rte Louis-S.-Saint-Laurent Compton, JOB 1L0



- Single person: Annual income of \$35,000 or less
- Couple: Annual income 45,000 or less
- 1 adult with 1 child: Annual income of \$45.000 or less
- Add \$2,500 of income for each additional dependant
- Interest and dividend income: Less than \$1,000 per year
- Self-employed: Income of \$1,000 or less and no employment expenses.



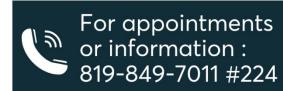
Local de L'Âge d'or



Community Centre 776 Principale Street Saint-Herménégilde, JOB 2W0

What to bring

- Tax slips 2024
- Notice of assessment 2023 (federal and provincial)
- Relevé 31 (tenants)
- · Municipal tax statement (owners)
- Medical receipts







Fresh meals served at home

MENU

MARS 2025

For information: Sandra Boss 819 849-7011 ext. 225

popote@cabmrccoaticook.org

The CAB is proud to use meat from Moisson Estrie to reduce food waste and maintain the affordability of Meals on Wheels



MEALS ON WHEELS MARCH 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Corn Chowder Garden Chicken Vegetables Bread Oatmeal Cookie	4 Beef and Rice Soup Gratinated Macaroni Vegetables Blueberry Squares	5 Chicken Noodle Soup Maple Beef Stew Potatoes Vegetables Cherry Cake	6 Cream of Vegetable Soup Meatloaf Rice Vegetables Muffin	7 Turnip and Gourmet Soup Seafood Gratin Vegetables Zucchini Chocolate Cake
10 Minestrone Soup Beef Patty Rice Sautéed Vegetables Chocolate Muffin	11 Broccoli Velouté Chicken Pot Pie Mashed Potatoes Vegetables Fruit Crisp	12 Chinese Soup Stewed Pork Noodles Vegetables Banana Bread	13 Onion Soup Porcupine Meatball Vegetables Potato Fruit Pudding	14 Vegetable Soup Fish Fillet with Béarnaise Sauce Rice Vegetables Bread and Raisin Pudding
17 Tomato & Rice Soup Chicken Curry Couscous Vegetables Pumpkin Cookies	18 Cream of Vegetable Soup Meat Lasagna Vegetables Tapioca and Cookie	19 Cream of Celery Soup Ham and pasta salad, vegetables Blueberry Muffins	20 Tomato and Corn Soup Pork Chop Mashed Potatoes Vegetables Lemon Square	21 Chicken Noodle Soup Dill Salmon Rice & Vegetables Oat Cake
24 Vegetable Soup Chicken Grandpa Rice & Vegetables Jell-O & Cookies	25 Cream of Carrot and Broccoli Soup African Beef Potatoes and Vegetables Chocolate Pie	26 Beef and Barley Soup Chinese Chicken Macaroni (Chow Mein) Date Square	27 Rice and Chicken Soup Honey and Balsamic Vinegar Pork Medallion Egg Noodles Vegetables Molasses Cookies	28 Tomato and Noodle Soup Trout Pies Vegetables Chocolate Sauce Cake



